

## July 8 – Lunch Ride to Gould Mesa Campground

Angeles Nat. Forest / leave RBR at 10:45am

## July 9-13 – Arroyo Canyon Summer Camp – Session II

RBR / 9am to 2pm

## July 10 – Board Meeting

Clubhouse / 6:30pm

## July 8, 15, 22, 29 – Art of the Horse Classes

RBR / 12pm to 2pm

## August 4 – 7<sup>th</sup> Annual Horses in the Arroyo Play Day, Silent Auction & BBQ

RBR / 12pm to 2pm

## August 6-10 – Myrtle Hill Farms Summer Camp – Session I

RBR / 9am to 2pm

## August 6-10 – Myrtle Hill Farms Summer Camp – Session II

RBR / 9am to 2pm



### 7<sup>th</sup> Annual Horses In the Arroyo Day

The 7th Annual Horses in the Arroyo Play Day, Silent Auction & BBQ will be held on August 4th! As always, there will be lots of fun classes including Cloverleaf Barrels, Pole Bending, Paired Ribbon Ride and the Costume Class. This year we will also hold a silent auction benefitting The Rose Bowl Riders Charitable Organization, which provides equestrian opportunities to the public. We would love for you to donate to the silent auction using the form included within the mailing. We also need volunteers as well as class and prize sponsors. All sponsorships and donations are tax deductible. You can find more info at [rosebowlriders.org](http://rosebowlriders.org)

- o Registration - 11am
- o Silent Auction – 12pm to 4pm
- o Play Day - 12pm
- o BBQ - 4:00pm

### Art of the Horse Classes

"Art of the Horse" art classes for children ages 6 through 12 will take place on July 8, 15, 22, and 29. Students will create paintings, drawings, prints, collage books and portfolios of horse art. Arabs, Quarter horses and Thoroughbreds will be the equine models. The fee is \$100 per session and includes all art supplies. Please register by July 1 to ensure your space! Students will need to bring a sack lunch (refrigerator is available). The class will be taught by Patty Sue Jones and is co-sponsored by the Pasadena Human Services & Recreation Department. Please call Patty at (213) 999-2659 to sign up.

### Summer Horse Camp at RBR

Further your child's equestrian skills this summer at Arroyo Canyon and Myrtle Hill Farms Summer Horse Camps! The program is designed for riders of all levels and activities include daily riding, mini horse shows, games on horseback, crafts and much more. Your child will learn all that is involved in taking care of a horse, safe handling while mounted and on the ground as well as necessary horsemanship skills. Whether you new to horses or experienced Julie and Katie guarantee you'll have a blast!

### Gould Mesa Lunch Ride

Nancy Rose has organized a lunch trail ride to the Gould Mesa Campground on July 8. The group will leave RBR at around 10:45am. Please bring your own lunch. Contact Nancy Rose if you would like to join. Hikers and bikers are welcome too!

### Ten Tips to Keep Horses Cool by University of Pennsylvania School of Veterinary Medicine

The heat can play havoc with your horse's health. It can result in dehydration, lethargy, and general malaise. Severe heat stress can result in diarrhea and even colic. Janet Johnston DVM, Dipl. ACVIM, ACVS, an emergency critical care veterinarian at University of Pennsylvania School of Veterinary Medicine's New Bolton Center, suggests the following ten tips to keep your horse comfortable and safe in the summer heat.

- o **Choose your turnout times.** If your horse has a stall but is turned out for part of the day, provide turnout during the cooler hours. Overnight is ideal, but if that's not possible, turnout as early as possible during the day.
- o **Give him shade.** If he lives outdoors or must be out during the day, provide relief from the sun. A run-in shed is best. Trees are a source of shade as well, but as the sun moves so will the shade.
- o **Move that air.** Fans are a great way to help keep the air moving in the barn, but use them wisely. Always ensure that your horse can't get a hold of cords and plugs.
- o **Mist it.** If you are lucky enough to have a system to mist your horse, use it. As the moisture is absorbed from your horse's skin, it will take away some of the heat as well. Frequent misting is more effective at cooling a horse than a single dousing with the hose.
- o **Lead him to water.** Make sure your horse has plenty of fresh, cool water. A bucket hanging on a fence will get too warm to be appealing to your horse. Left long enough water will also become stagnant and unhealthy. If you provide clean, cool water and your horse doesn't seem to be drinking, encourage him by providing a salt block.
- o **Electrolytes.** If your horse is sweating a great deal, water laced with electrolytes can help keep his body in balance. Whenever you offer electrolytes, however, be sure to offer fresh water as well. Too many electrolytes and too little water can be harmful.
- o **Slow down the work.** Just because your horse has been working intensely in the heat of the day doesn't mean he continue when the temperature tops 90°F. If you have to work him in the heat, lighten the work or break it up into a couple of short sessions. This is especially important when the humidity is high and contributing to the poor quality of the air he is breathing.
- o **Stick to a schedule.** Within the parameters of keeping him cool, try to stay as close as possible to his normal schedule. Too much change at one time can be an invitation for colic to develop.

### Reminders

- o The fridge is for everyone's use and **not for storing large items. Clearly mark anything you bring that is not intended for sharing, carrots included.**
- o Close & lock tack rooms when leaving the immediate vicinity.
- o Keep your horse's stall card posted, legible and up-to-date. Contact the Barn Manager if you need a new one.
- o Keep your stall and tack room areas neat – sweep out tack rooms and organize your belongings
- o Weed around your stall and rake up hay and debris regularly.
- o **Mosquito season is here –water buckets MUST be cleaned out at least every 3 days.**



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