



# Rose Bowl Riders Newsletter

## July/August 2017



### Welcome New Members!

Harrison Zuk - Honorary Membership for one year starting July 11, 2017

The McClellan Family

The Gundersen Family

Rachel Luna

The Kleindorfer Family

## NEW! RBR Vintage Archive Online!

Thanks to longtime member Mary Barrie for donating a wealth of RBR history all the way back from our humble start in 1944! All photos (nearly 300) and documents (150+) are now stored in a public gmail drive and accessible through the RBR website (<http://rosebowlriders.org/vintage-rbr>). There you may also find a timeline with many events from 1944 to 1962.

Did you know...

-In 1944 the annual membership fee was \$4/year or \$1/quarter? And there was a \$1 discount if you were an ETI member!

-In 1945-47 we had a healthy group of committees (10-20!) including finance, auditing, publicity, initiation, grievance, shows, entertainment, constitution & bylaws just to name a few.

-In 1949 there was an attempt to limit membership to 100 to make it more exclusive (it didn't pass).

We hope you take time to enjoy this trip down RBR's memory lane!



- Congrats to Rachel Branwen (photo, left) who gave birth to a beautiful baby girl recently. Baby Billie has already had her first trip to the barn to meet the horses and mom is back in the saddle!
- Well wishes for our board member Kristyn Gonnerman, who had hip replacement surgery in early July. We hope she has a speedy recovery and to see her riding Sierra again soon!
- Congrats to Sandy Pellegrin on her new bay Quarab mare Gracie! We wish them many happy trail rides together.

• Longtime RBR member

Joan Glasford passed away in July. She and her horse Maverick loved the trails in the Arroyo and beyond. Maverick is in Altadena; RBR member Patty Sue Jones and some of Joan's other friends are caring for him.

- We are sad to report the passing of member Joanne Ginter at the age of 93 and send our condolences to her daughter, Phyllis Ginter, one of our boarding members.

Photo (right) Joanne Tanner (Ginter) over fences on Rio Rita at the Junior RBR Horse Show on October 26, 1947



Famed animal communicator, Lydia Hiby, will chat with pets on Sunday, August 13th at Rose Bowl Riders. Insightful messages from animals are delivered with gentle humor and old fashioned horse sense by Lydia, author of *Conversations with Animals*. Lydia has a degree in Animal Science, is a horse owner and a Licensed Animal Health Technician. Her work has been featured in the *LA Times*, *New York Post* and she has appeared on *David Letterman* and *Jay Leno* shows. She is a regular presenter at the Horse Expo in Pomona. Watch her videos at [lydiahiby.com](http://lydiahiby.com). The fee is \$40 for 15 minutes and she encourages that you record the session. Please contact Patty Sue Jones at (323) 255-8641 to schedule your appointment time or for any questions you might have. Appointments must be scheduled on or before

July 31st to guarantee your spot! Don't miss out on this very enlightening, fun event.

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# When is it too hot to ride?



If you are hot, your horse is hotter. Horses overheat ten times faster than humans and it only takes about seventeen minutes of moderate intensity exercise in hot & humid weather for your horse to overheat.

-Beware of humidity! Moist air mixed with high temperatures can be dangerous since it will slow the rate at which sweat evaporates. This will make it much more difficult for your horse to cool itself.

-Temperature + Humidity: Add the temperature with the humidity and that number will tell you if it's too hot to ride your horse. If the total is 130 or more, there is serious risk of overheating your horse.

For example: 80 degrees Fahrenheit + 50% Humidity = 130

Below 130 - Good to go! Your horse can cool themselves properly assuming adequate hydration.

130-170 - Caution! Your horse's ability to cool themselves is only partially functioning.

Over 170 - Stop! Your horse's ability to cool themselves is seriously hindered. Extra cooling procedures should be used.

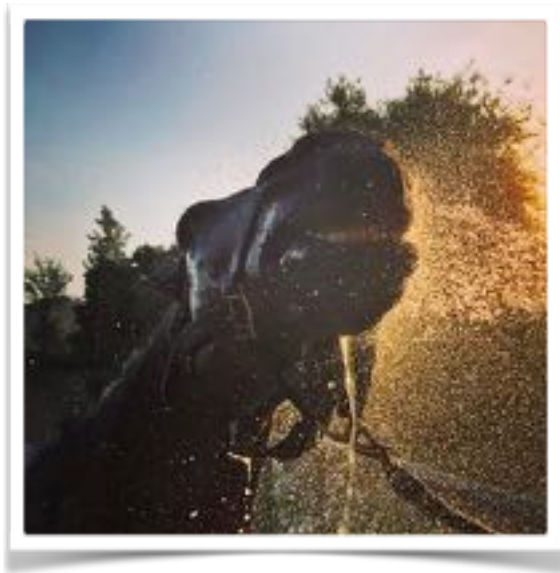
-Horses suffering from excessive heat stress can experience hypotension, colic and renal failure.

-Horses can sweat up to 15-20 liters per hour in cool/dry conditions and up to 30 in hot/humid conditions.

-Only 25-30% of the sweat your horse produces is effective in cooling them, as opposed to 50% in humans.

-The salt in a horse's sweat is four times more concentrated than that in humans. So they lose more salt when they sweat. That salt will need to be replaced (via electrolytes).

-The best way to cool your horse is to rinse them in cool water, scrape off excess water and repeat. You can lower their temperature by two degrees every ten minutes using this method. Not scraping off excess water can actually trap heat in and make a horse hotter!





## VOLUNTEER OPPORTUNITIES!

**12th Annual Horses in the Arroyo Play Day:** On August 26th we celebrate the long tradition and history of an equestrian presence in the historic Pasadena Arroyo! The festivities include games on horseback and foot, lunch and silent auction benefitting the Rose Bowl Riders Charitable Organization.

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Sign up to volunteer - [Click Here](#)

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Registration 8am, Games 9am, Lunch 12pm

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**Internal Auditors:** 2 people to perform our annual internal audit. If you like working with numbers and are looking for a project for your volunteer contribution rather than a long term commitment, this is for you!

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**Horse Show Manager Apprentices:** Our low-cost, low-stress schooling shows are attended by equestrians from all over southern California in order to gain experience competing with a professional judge in an environment which emphasizes fun and learning. RBR is looking for people who have experience in managing horse shows or who would like to learn how. You will work with our expert, long-term volunteers to learn what goes into putting on our horse shows.

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**Manager of Volunteers:** RBR runs on volunteers, and so we are looking for someone who has experience with recruiting, organizing, and managing a volunteer force. Duties could include making sure committees are staffed, profiling volunteers to determine what tasks might suit them, calling RBR members to ask them to volunteer, and more.

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**Historic Preservation:** We have many old Club photos and documents that need to be organized, properly archived and stored on acid-free paper.

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To volunteer or ask questions: [rosebowlriders\\_info@yahoo.com](mailto:rosebowlriders_info@yahoo.com)



**Please remember:**

**YOU MUST PICK-UP YOUR HORSE'S MANURE!**

Manure left out contributes to flies, dust and is unhealthy for all.

Red, labeled satellite muck carts and forks are located strategically throughout the property. Please pick up manure when it happens.

Thanks to Shannon Griffin for helping to implement the satellite muck carts as well as the fly traps throughout the boarding area!

## **Calendar - RBR Upcoming Events**

**<http://rosebowlriders.org/events>**

### **July**

[Myrtle Hill Farm Summer Camp](#): July 17th - 21st, 24th - 28th; 9am - 2pm

### **August**

- Lydia Hiby Animal Communicator: August 13th  
Please contact Patty Sue Jones at (323) 255-8641 by July 31st
- 12th Annual Horses in the Arroyo Play Day: August 26th  
(Need Volunteers!!! Sign up today!)

### **September**

- RBR Board Meeting: September 12  
Clubhouse at 6:30pm
- Snake Talk with Ann Regan & Potluck: September 23rd

## KUDOS & THANK YOU!

HUGE thanks to our summer volunteer Harrison Zuk, a La Cañada native on summer break from graduate school at University of Georgia. When not interning with a local accounting firm, he can be seen helping out around RBR learning the ins and outs of ranch management. Please stop to tell him "hi" + "thanks"!

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Kimberly O'Connor and Suzy Goodwine for helping with RBR Newsletter during Kristyn Gonnerman's convalescence

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Ariel Wisch-Schute & Mary Barrie - sharing/preserving the vintage RBR archives

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Shannon Griffin for implementing fly control measures (traps distributed around the property) and satellite muck buckets.

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Freddie Ireland for trimming trees, weeding and clearing up with troop 288.

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Ann Regan for holding new member orientation meetings.

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KT Ginzton for cleaning out the drainage ditch.

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Patty Sue Jones - calling all stall wait list members to update list & replacing the handle on the hay room door.

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Greg Hedrick & Walt Myers - maintaining our arenas

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Greg Hedrick - spreading DG on the road to help with dust erosion issues

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